



Restorative Thinking – Restorative Practices and Bullying

Restorative practices focus on repairing the harm done to people and relationships. The process involves all parties, giving everyone affected the chance to:

- Talk about what has happened
- Explain how it made you feel
- Explain what made you say/do that
- Understand
- Repair the harm

Restorative practices refer to a range of methods and strategies that can be used to prevent and resolve relationship-damaging incidents.

Becoming a restorative school can alleviate bullying; it can also help reduce incidents of classroom disruption, truancy, poor attendance and antisocial behaviour.

A report published by the Department of Education gave whole-school restorative practices the highest rating of effectiveness at preventing bullying:

www.gov.uk/government/uploads/system/uploads/attachment_data/file/182421/DFE-RR098.pdf

The Restorative Thinking team works with primary, secondary and special schools to implement whole school restorative practices, typically over a period of two years. We also have a range of resources to support a curriculum-based restorative education. Up to the end of Anti-Bullying week 2015, ABA members are offered a 10% reduction on Restorative Thinking resources, with the code ABW15: <http://www.restorativethinking.co.uk/schools/order/>

Teacher feedback on restorative practices:

"I could hear a Year 6 child trying to sort out a tiff between two Year 1 children. She went through all the restorative questions. Excellent stuff. All sorted, no adult needed."

"Learnt that this can be preventative, and that it can be used to resolve issues."

Pupil feedback on restorative practices:

"If there's a problem in the playground, we'll go there and sort it out so that it's fair."

"There's always two sides to a story so we listen to that and then help them."



Restorative Thinking is a Registered Training Provider with the Restorative Justice Council, and adheres to the RJC Trainers Code of Practice.