

Achievements

Trisha Goddard- Broadcaster and chat show host who has a range of mental health problems.

"Mental illness is nothing to be ashamed of, but stigma and bias shame us all."
Bill Clinton

Robbin Williams was a very successful actor with depression.



Stephen Fry is a successful show host and comedian and also has Bi-polar disorder.



You wouldn't want to be called-



Ethnic Minorities in Britain have high-levels of mental health issues partly due to institutionalised racism.

One in four school students will have a bout of mental health problems. This could be depression, stress, eating disorder, behavioural difficulties, obsessive behaviour, ADHD, Autism, psychosis. Bullying can both lead to mental health problems and can make students into bullies.

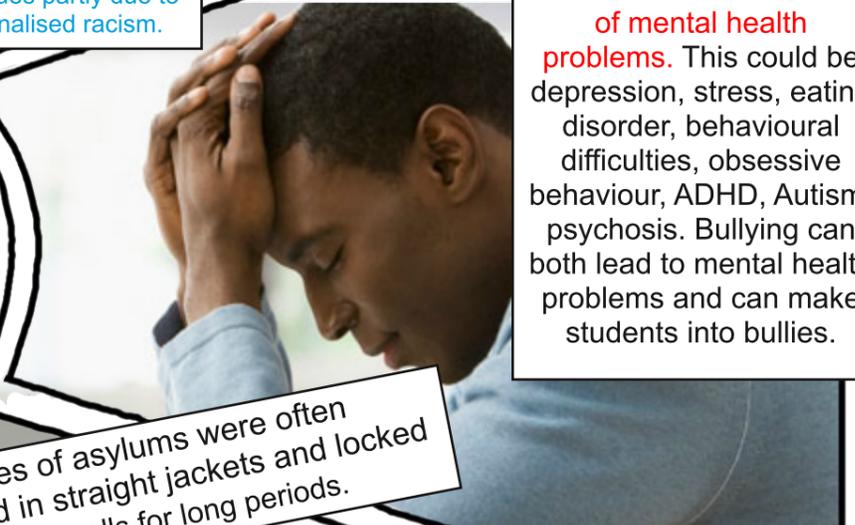
"Crazy people" in the movies. The Joker and The Riddler in Batman give the idea that all people with mental health issues are dangerous and deceitful.

Popular Culture



All Equal All Different: people with MENTAL HEALTH PROBLEMS and MENTAL HEALTH SYSTEM USER

Inmates of asylums were often bound in straight jackets and locked up in their cells for long periods.



History

A picture of Bedlam, when rich people from the city crossed the Thames to pay a penny to view the inhabitants of the asylum for fun [Hogarth's Rakes Progress].



Exeter Asylum. From 1850 each county of England had to have an asylum where "the mad, bad and dangerous people" were put.

C19th Europe anyone behaving differently could be locked away in asylums.



In C20th Therapy and drugs were used to treat people in the community.



These days 1 in 4 people will have a major episode of depression in their adult life.

Bullying Harassment