

Read each scenario together and discuss what a bystander could do to help, and what might happen if they didn't feel safe to step in directly. Make notes in the space provided.

1. THE GROUP CHAT

You are in a class WhatsApp group. A few people start making fun of a classmate's photo. Others are posting laughing emojis.

2. LEFT OUT AT LUNCH

At lunchtime, a student is sitting alone. A group of others are deliberately avoiding them and giggling when they walk past.

3. ONLINE GAMING VOICE CHAT

You're playing an online game with classmates. One player is being shouted at and blamed for "ruining the game."

4. THE NICKNAME

Someone keeps being called a nickname they don't like. Others laugh and join in.

1. THE GROUP CHAT

You are in a class WhatsApp group. A few people start making fun of a classmate's photo. Others are posting laughing emojis.

Possible responses:

- Post a positive comment about the person being targeted.
- Message the classmate privately to check they're okay.
- Report the chat to a trusted adult if it continues.

Highlight digital safety – screenshots, blocking, reporting.

2. LEFT OUT AT LUNCH

At lunchtime, a student is sitting alone. A group of others are deliberately avoiding them and giggling when they walk past.

Possible responses:

- Invite the person to sit with you.
- Strike up a casual conversation.
- If unsure, let a teacher know you're worried they're being left out.

Draw attention to empathy – how might that person feel? What would you want someone to do if it were you?

3. ONLINE GAMING VOICE CHAT

You are in a class WhatsApp group. A few people start making fun of a classmate's photo. Others are posting laughing emojis.

Possible responses:

- Call out the behaviour: "Let's just enjoy the game, it doesn't matter."
- Support the player privately after the game.

Discuss online safety: muting, reporting, and not escalating arguments.

4. THE NICKNAME

Someone keeps being called a nickname they don't like. Others laugh and join in.

Possible responses:

- Say, "They've said they don't like that name."
- Change the subject or move attention away.
- Speak privately to the student and ask if they'd like support in telling others to stop.

Reinforce respect for boundaries and listening to people when they say "stop."