

Beat Poetry Poem

Anti-Bullying Week 2023 Secondary School Handout

Face to face or through a phone,
bullying makes people feel alone.

Staying silent, is it wise?
Do you know the impact it has on our lives?

Going home wondering what it could've been.
Was it banter? Or was it bullying??

Of course, we won't like everyone.
We don't always agree,
But we can choose respect and unity.

And just because it is, doesn't mean it has to be,
A place of bullying or negativity.

Consider the impact of that DM or text.
Think of the repercussions, what will be next?

You can reach out! Be a helping hand.
Or maybe you can be the one to take a stand?

So, let's bring bullying to an end.
Think of the ways you can defend.

Let's make some noise, let's hear your voice.

Make a noise about bullying.
Together we can make it stop.



#ANTIBULLYINGWEEK



ORGANISER

© National Children's Bureau - Registered charity No. 258825. Registered in England and Wales No. 952717. Registered office: 23 Mentmore Terrace, London E8 3PN. A Company Limited by Guarantee.