

Anti-Bullying Week 2021

PRIMARY SCHOOL PACK LESSON PLAN HANDOUT 1

ONE KIND WORD

**5 TIMES SOMEONE
SHOWED YOU KINDNESS**

HOW DID IT MAKE YOU FEEL?

- | | | | | | |
|---------|---------|----------|------------|-------------|-----------|
| happy | hopeful | loved | calm | thankful | involved |
| joyful | secure | cheerful | content | confident | heard |
| merry | proud | glad | optimistic | appreciated | liked |
| pleased | relaxed | included | inspired | welcomed | respected |

