



ANTI-BULLYING ALLIANCE: AGREED POLICY RECOMMENDATIONS

Last reviewed – August 2025

**NATIONAL
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INTRODUCTION

There has been little policy activity on bullying since 2010/11 - a trend that has continued under the new government - despite its strong links to key priorities such as mental health and wellbeing.

The following policy recommendations have been developed by the Anti-Bullying Alliance through our Advisory Group, which consists of NSPCC, Diana Award, NASUWT Teacher's Union, the National Children's Bureau, BulliesOut, Stranmillis University, Professor Lucy Betts, Childnet, Kidscape, Mencap and Wandsworth Borough Council. They have also been agreed upon among our core members.

These recommendations applying primarily to legislation in England. Recommendations for governments in Northern Ireland and Wales are in development.

You will find out nine policy recommendations listed in the next section. They span across 3 key areas:

- Anti-bullying training
- Accountability
- Research and evidence

If you would like to discuss the recommendations or find out more about our work, please contact:

aba@ncb.org.uk



ANTI-BULLYING TRAINING

1. Initial Teacher Training should include mandatory training about how to prevent and respond to bullying as a core element.

WHY IS THIS IMPORTANT?

Currently there are no requirements for trainee teachers to undertake any anti-bullying training at all. Many become teachers without even a basic understanding of the definition of bullying let alone the skills to prevent and respond to it.



Research shows that many teachers do not feel equipped to tackle bullying. 42% of teachers interviewed in one study reported not feeling equipped[1]. In our own research, 40% of bullied young people surveyed said access to a supportive teacher trained in dealing with bullying would have made a difference. Yet, 70% of the 170 teachers surveyed said there was inadequate support for schools working with children with mental health issues and over half would value better training[2].

2. Anti-bullying CPD should be available for all school staff on induction into school and refreshers as needed.

WHY IS THIS IMPORTANT?

Research shows that providing training to all school staff including teachers, home to school transport staff, lunchtime supervisors can help to reduce bullying[3].



3. Ofsted inspectors should receive anti-bullying training.

WHY IS THIS IMPORTANT?

Ofsted inspectors are required to assess how effective a school's anti-bullying measures are, however, they are not provided anti-bullying training to do so.



4. Professionals from services that regularly encounter children who may disclose bullying must have anti-bullying information and training available to them including GPs, youth services, CAMHS, social care services, foster carers, care home staff etc.

WHY IS THIS IMPORTANT?

Services such as GPs, social workers, Accident and Emergency Departments are often the first professionals to hear from children about bullying and they need to be able to provide good quality information and advice about it.



ACCOUNTABILITY

- 5.** There should be a senior member of school staff (could be provided through the designated mental health in schools leads) responsible for a whole-school approach to promoting, preventing and responding to bullying, in a similar manner to a SENCo, as well as an appointed school governor who is responsible for a whole-school approach to bullying.

WHY IS THIS IMPORTANT?

There is evidence that a 'whole school approach'[4] where the whole school community, including the pupils, teachers, support staff, parents and board of governors, are involved in confronting the issue of bullying is the most effective approach to tackling bullying in school. This needs a coordinated approach by a senior designated member of staff.



- 6.** The Government should consider a duty on all schools and academies to record, monitor and review all bullying issues including whether there is a prejudice-related aspect and assess the impact of the effectiveness of responses.

WHY IS THIS IMPORTANT?

No school can have an effective anti-bullying approach without recording levels of bullying and using that data to influence it. A duty to record bullying was recently brought into law in Northern Ireland. This data should be used to understand levels of bullying in schools in England.



- 7.** School absence records should record bullying as a reason for children being absent from school. Ofsted inspections should be triggered when these absences are high.

WHY IS THIS IMPORTANT?

We know that bullying is a common reason for pupil absence. Absence data collected termly by the Department for Education contains a significant number of 'other unauthorised absence'. ABA believes much of this absence may be due to bullying however we don't have the data[5].



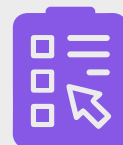
RESEARCH AND EVIDENCE

8. The government should undertake a national anti-bullying survey, conducted annually, to understand levels of bullying in England. This survey should capture data about:

- Groups more at risk of experiencing bullying including children with SEND, children in receipt of Free School Meals, those with a visible difference, young carers, care experienced young people and other pupil characteristics
- Type of bullying (including sexual and sexist and online bullying)
- Where bullying is taking place (e.g. online, in school and home to school transport)

WHY IS THIS IMPORTANT?

The government has not regularly collected data relating to levels of bullying for several years since the Tellus4 survey. We urgently need this data to understand bullying levels in England. A duty to record bullying may address this issue and this could be included in wider wellbeing and behaviour surveys (National Behaviour Survey).



9. The government should undertake regular research into what interventions work to reduce bullying and improve how schools respond to bullying both face to face and online.

WHY IS THIS IMPORTANT?

We currently do not have a good understanding of what works to tackle bullying in schools in England.

