

# **United Against Bullying School Case Study: Young Carers charter status**

## **How King James 1 Academy gained Young Carers Charter status**

### **Context of our anti-bullying work**

Young Carers Charter – County Durham Young Carers The Bridge.

### **What we hoped to achieve**

To achieve Young Carers status for the academy.

### **The action we took**

I have worked with students in the academy, as well as governors and other members of staff to complete the application to achieve young carers charter status for 2022. We have previously had this, but it has lapsed.

All documentation has been submitted and we are awaiting on confirmation, but we have verbally been given the information that we have achieved the status.

### **Impact and outcomes of the work**

Having young carers charter status recognises the work we do to support any student at the academy whom has a caring role at home. We work closely with young carer support workers to recognise, refer and support our students as well as their families, with anything they may need to succeed and function as a family.

We have posters around the school giving out staff contact details, outlining what a young carer is – to help identify those who have a caring role, but may not understand they do so. We are also building Young Carers awareness into the PSHCE curriculum. It will also be calendared into assemblies/citizenship time. This will help empower young carers to access support as well as educating all students at the academy about how some students lives may be – which in turn will help alleviate bullying issues.

We hope to develop further support mechanisms and links with other organisations to help support our young carers and are currently working with Durham University to develop a

mentoring programme/ 9 protected characteristics programme which will also incorporate YC.

### **What we have learned**

That young carers don't always see themselves as carers. That parents are not always open to support and there are huge barriers to break down before they agree to allow for any work to be done/referrals to be made.

That we have more Young Carers than we think – and the process of identifying these students is very difficult.