

United Against Bullying School Case Study: Strategies to address racial bullying

How Fulston Manor School, Sittingbourne addressed racial bullying in the school

Context of our anti-bullying work

We noticed a higher number of reports of racial incidents. I met with school council to discuss activities we have previously done around other types of bullying and they said they felt the activities in tutor time were the best as it meant they were able to discuss the issue and strategies.

What we hoped to achieve

We wanted to re-educate the students. It seems the language they were using was due to a TikTok trend and most were completely unaware of the impacts.

The action we took

Racial Bullying

Racism is a hate-crime and it is illegal to treat someone differently because of their race, religion, nationality or culture.

Racial bullying occurs when a person is bullied or experiences repeated offensive behaviour against them based on:

- The colour of their skin
- Their cultural and religious background or traditions
- Their ethnicity or perceived ethnicity

Like other types of bullying, racial bullying can take place online, face to face or via phone. Examples of racial bullying can include:

- Calling someone names, teasing them or humiliating them using racially offensive language
- Making fun of someone's religious customs or traditions
- Being sent racially insulting messages or threats
- Making fun of someone's accent, features, clothes, the food they eat etc.
- Excluding someone because of their ethnicity
- Damaging a person's property, offensive graffiti or displaying racist symbols
- Bringing racist leaflets or magazines to school/work
- Physical attacks
- Being made to feel like you should change the way you look

Racist jokes, including jokes about a person's colour, race, nationality or culture or features

Racism can affect anyone. It can make you feel like you're not important or don't fit in. You might feel upset, depressed or angry. You can be affected by it even when it's not aimed at you, such as, if you hear someone discriminating against someone's culture.

Video clip - <https://www.youtube.com/watch?v=BRfwnibEd3A>



Racial Bullying

What to do if you hear someone make comments that you suspect could be racial bullying?

Report it, there are many ways you can report racism and bullying at Fulston manor school

1. Report it to your teacher, if someone has been racist in your lesson, they should be removed immediately
2. Report it to your head of house, this can be done in person or via the worry box in house area
3. Report it via email HELP4U@fulstonmanor.kent.sch.uk

Is there anything else I can do?

1. Call it out, you have the power to tell anyone that what they are doing is not ok, this can have tremendous power as often, someone who uses racial slurs may not have ever been challenged on this before. By telling that person what they have said is not ok, you can make them really think about the impact of their words.
2. Check in with the victim, let them know you don't agree with what was said and that you have their back. Ensure to encourage them to report it, and if you heard it to, you should also report it

Impact and outcomes of the work

Feedback from the school council was positive. We noticed a decline in racial incidents and student voice survey reflected this too.

What we have learned

Against what we initially thought, it turns out our students prefer discussion-based activities for tutor time rather than creative ones. We had a much higher engagement level and the conversations continued amongst them throughout the school day which was incredibly positive.