

United Against Bullying School Case Study: Supporting perpetrators

How [school] supported perpetrators of bullying behaviour

Context of our anti-bullying work

The United Against Bullying baseline audit highlighted that although support was put in place for the victims of bullying incidents, support for the perpetrators was less consistent and less well-developed.

What we hoped to achieve

We wanted to develop an intervention to be put in place for the perpetrators of bullying that was efficient to run in terms of availability of adult time and enabled further actions to be identified.

The action we took

A review was undertaken of existing intervention resources and those readily available on the internet. An intervention was created using a Google form which includes questions, images and video clips. This initial intervention can be done by the student independently, with an adult reviewing their responses and putting in place further intervention as required.

Impact and outcomes of the work

Interventions now take place consistently as they are not dependent on availability of already stretched staff members. Student responses to the Google form enable adults to personalise and develop further interventions.

As more students complete the intervention, we will be able to measure responses and impact and refine and improve the course.

What we have learned

Students have been more honest in their written responses than they had been previously in face-to-face conversations with adults (perhaps as they have more time to reflect quietly and are not just saying what they think we want to hear). These honest responses mean that intervention can be more meaningful rather than potentially just paying lip service.