

United Against Bullying School Case Study: Improving parents understanding of bullying

How Bradford Girls' Grammar School improved parents understanding of bullying

Context of our anti-bullying work

Our policy of not discussing pupils with other parents meant that some parents felt bullying was not challenged in school. Some members of the school community felt that bullying was a serious issue as they lack the language skills to differentiate between mean and unpleasant behaviour and bullying.

What we hoped to achieve

Improve the understanding of the definition of bullying and how the school tackles bullying in school.

Reduce the numbers of reports of bullying and reduce the numbers of cases of bullying in school by increasing parental involvement.

The action we took

Anti-bullying week included a different activity everyday with all pupils.

Parents were invited into school to find out what had gone on. The parent session involved presentations from pupils on what they had done and learned alongside presentations from staff on school practice and policy.

The Child Friendly Policy and a parent toolkit were also shared. All are available in the November files here: [Bradford Girls' Grammar School - Parent Engagement Events \(bggs.com\)](https://www.bggs.com/parent-engagement-events)

We included anti-bullying ambassadors in our school council showcase for parents as well. This allowed another opportunity to share the work done in school to prevent bullying.

Impact and outcomes of the work

There have only been 3 cases of bullying in school this academic year. Parents are starting to use the school definition of bullying Several Times ON Purpose and understand this as our definition when they speak to staff.

Involving pupils in presenting the work improved their confidence in speaking to others about what bullying is and why we should all be upstanders instead of bystanders.

Some parents were not able to attend the meeting so this was published on our school website and shared via the weekly parent letter.

Parents who did attend were impressed by the work that was going on in school. Hopefully, attendance at the next event will be higher.

What we have learned

Being open and honest with our parents has been instrumental in improving recovery from incidents of bullying and unproven bullying. Regular reports on work done maintains an open dialogue which can then be referred to IF bullying affects those families.